

# Best Messaging Apps

## Spyware


Discord 

Facebook 

Instagram 

Snapchat 

Telegram 

Groupme 

Whatsapp 

Messenger 

iMessage (ICLOUD BACKUPS) 

## Secure/Private/Easy To Use

Signal 

Matrix (via Element) 

Mattermost 

## Secure/Private/Hard To Use

IRC (Self-hosting)

XMPP (Self-hosting)

Matrix (Self-hosting)

# Solutions

1. Don't use messaging apps on your phone that track you
2. Don't use messaging apps on your computer that track you
3. If forced -] Real Life > Technology, Computer > Phone, Browser > Apps,
4. Use uBlock Origin
5. Proprietary business apps are ALWAYS spyware

Always remember, **the government**, **media**, and **corporations** will use whatever psychological tactics that are possible to frame you and your data out of context